

Conditions treated include:

- ❖ Pelvic Floor Dysfunction
- ❖ Pregnancy/Post-partum concerns
- ❖ Chronic Prostatitis
- ❖ Pelvic Pain
- ❖ Interstitial Cystitis
- ❖ Pudendal Neuralgia
- ❖ Bowel Dysfunction
(Incontinence/Constipation)
- ❖ Urinary Incontinence
- ❖ Urinary Urgency/Frequency
- ❖ Painful Sexual Intercourse
- ❖ Coccygodynia
- ❖ Musculoskeletal
- ❖ Post-mastectomy Care

Treatment interventions may consist of:

- ❖ Manual Therapy
- ❖ Intravaginal and Intrarectal
examination and treatment
- ❖ Neuromuscular Re-education
- ❖ Breathing and Relaxation techniques
- ❖ EMG Biofeedback
- ❖ Exercise Program Design
- ❖ Behavioral Education (including
bladder/bowl retraining)